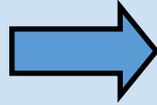


Am I beginning to look a little less relaxed ?

Am I hungry, bored, fed up ?

What can I do to help ?



What you might do

Give me a bit more support,

Help me to join in or tell you what I need

Offer a twiddle

Tell me what's happening or what's next

Everything I do is telling you something.

Don't ask me , tell me if it isn't a choice.

Always use symbols, signs, cues and give time to respond,

If you are offering a choice, make sure its available.

Give me warning before something finishes.

Let me show you what I can do, don't do it for me.

Am I starting to show some low level behaviours ?

Shouting , shouting out, grabbing things,

Is it too noisy, too much movement, not interesting enough, not getting enough attention.

What can I do to help?



What you might do

Tell me what I need to do or what might happen if I continue

e.g . No shouting, use your voice, tell me finished, sitting down or timeout. Pick it up.

Tell me how to behave "when we are cross we don't hit, etc.

Think about what I am trying to tell you and give me a way of asking appropriately eg give me a choice, show me symbols/pictures.

DO NOT LET ME TELL YOU THROUGH INAPPROPRIATE BEHAVIOURS.

Am I starting to show high level behaviours ?

Physical actions, hair pulling, biting, pushing, etc.

Am I distressed, angry, jealous, in pain, over stimulated .

What can I do to help?



What you might do

Keep me and my peers and staff safe. Do I or they need to leave the area. ?

Help me to calm down

Help me put this right.

Show me how to ask properly.

DO NOT LET ME TELL YOU THROUGH INAPPROPRIATE BEHAVIOURS.

Show me how to tell you properly